



Spa Menu

Back, Neck, and Shoulder Massage

30 min: R600 / 60 min: R900

Deep Tissue Back, Neck and Shoulder Massage

30 min: R610 / 60 min: R1 080

Want to get rid of all your knots and nodules? This is the perfect massage.

Back, Neck and Shoulder Massage with Scalp or Back of Legs

45 min: R840

An invigorating back massage accompanied by either a scalp massage or a back-of-legs massage.

Pressure Point Foot Massage

30 min: R480

Have tired feet? Enjoy a foot soak followed by a relaxing pressure-point foot massage.

Full Body Massage

60 min: R1 080

A customised body massage designed to relax, detox and revitalise your mind, body and soul.

Relaxing Full Body and Scalp Massage

90 min: R1 440

Enjoy a relaxing full-body massage, including a deeply soothing scalp massage.

Deep Tissue Full Body Massage

60 min: R1 200

Experience an invigorating massage with deep-pressure movements to release tense knots and nodules.

Deep Tissue Full Body and Scalp Massage

90 min: R1 800

A deep-pressure massage to release knots, combined with a pressure-point scalp massage for total relaxation.

Cranial Healing

60 min: R1 200

Enjoy a relaxing back, neck and shoulder massage followed by a scalp and facial massage that relieves muscle tension and breaks down knots and stiffness.

African Potato Balm Full Body Massage

60 min: R2 100

A deeply relaxing and healing massage using our therapeutic African potato balm. Drift away as its benefits allow you to unwind.

African Potato Balm Full Body and Scalp Massage

90 min: R2 500

Experience ultimate relaxation with a full-body and scalp massage, enhanced by the therapeutic benefits of African potato balm.